



Ministry of Industry, Commerce and Consumer Affairs

A LOOK AT THE SUPERMARKET PRICES

Collected in St. Kitts - 13 July 2016

RURAL EAST

Key Highest Price
 Lowest Price

Commodities	Brand	Unit	Fraites & Sons	Penny's Supermarket	Sun Fresh Supermarket	Paris Supermarket
Wings	No Name	per lb	\$3.95	\$5.75	\$4.25	\$5.35
Leg Quarters	No Name	per lb	\$2.25	-	\$2.25	\$2.95
Drumsticks	No Name	per lb	\$2.50	-	\$3.00	\$2.95
Backs	No Name	per lb	\$1.95	\$2.65	\$1.95	\$2.00
Thighs	No Name	per lb	\$3.50	-	-	\$2.95
Neck	No Name	per lb	\$2.25	\$3.00	\$2.25	\$2.20
Salt Fish	No Name	per lb	\$12.00	\$16.95	\$13.65	\$13.25
Mackerel (Bucket)	No Name	per lb	\$11.50	-	\$17.50	\$17.50
Herring	No Name	per lb	-	-	-	-
Mutton	No Name	per lb	\$9.75	-	\$11.00	\$9.75
King Fish	No Name	per lb	\$15.75	-	\$16.95	\$16.60
Marlin	No Name	per lb	-	\$11.05	\$13.75	\$14.00
Salmon	No Name	per lb	-	-	-	-
Turkey Necks	No Name	per lb	-	\$3.00	\$3.75	\$3.75
Turkey Drumsticks	No Name	per lb	-	-	-	-
Turkey Wings	No Name	per lb	\$3.95	\$3.75	\$4.50	\$4.00
Lamb	No Name	per lb	-	-	-	-
Oxtail	No Name	per lb	-	-	-	-
Ham	No Name	per lb	\$5.85	-	-	-
Pig Snout	No Name	per lb	\$6.75	\$8.60	\$6.75	\$7.50
Pig Tail	No Name	per lb	\$8.25	-	\$8.75	\$8.25
Pig Feet	No Name	per lb	\$3.95	\$3.00	\$4.50	\$4.00
Cooking Oil	Roberts	500 ml	-	-	-	\$6.30
Extra Virgin Oil	Badia	500 ml	\$13.95	-	-	\$13.95
Vegetable Oil	Wesson	710 ml	-	-	-	-
Corn Flakes	Kelloggs	340 g	-	-	-	-
Corn Flakes	Kelloggs	510 g	-	-	-	-
Corn Flakes	Kelloggs	680 g	-	-	-	\$19.70
Frosted Fruit Rings	Essential Everyday	12.2 oz	-	-	-	-
Toasted Oats	Essential Everyday	14 oz	-	-	-	-
Frosted Flakes	Essential Everyday	15 oz	-	\$10.30	-	-
Raisin Bran	Essential Everyday	20 oz	-	-	-	-
Corn Flakes	Essential Everyday	18 oz	-	\$9.50	\$9.95	-
Corn Flakes	Promos	18 oz	\$6.85	-	-	-
Corn Flakes	Ralston Foods	12 oz	\$7.75	-	-	\$7.80
Cheese	Cheddar	per lb	\$12.50	\$16.35	\$12.50	\$10.95
Medicated Soap	Dettol	110 g	-	-	\$5.15	\$2.75
Mayonnaise	Kraft	443 ml	\$9.10	\$8.95	\$9.25	\$9.10
Mayonnaise	Hellmans	443 ml	-	-	\$10.95	-
Flour	No Name	per lb	\$1.50	\$1.50	\$1.47	\$1.50
Corn Meal	No Name	per lb	\$1.75	\$1.80	\$1.75	\$1.85
Brown Sugar	No Name	per lb	\$1.30	\$1.35	\$1.35	\$1.25
Rice	No Name	per lb	\$1.50	\$1.85	\$1.97	\$1.65

Commodities	Brand	Unit	Fraits & Sons	Penny's Supermarket	Sun Fresh Supermarket	Paris Supemarket
Milk	Carnation	lg tin	\$3.25	\$3.25	\$3.00	\$3.40
Milk	Distinction	lg tin	\$2.85	-	-	\$2.85
Milk	Bonle	lg tin	-	-	\$2.75	\$2.75
Milk	Bonle	small	\$1.30	-	-	\$1.30
Milk	Eve	lg tin	\$2.85	-	\$2.75	\$2.90
Milk	Eve	small	\$1.35	\$1.30	\$1.50	\$1.30
Powdered Drink Mix	Mak-C	1.58 oz	-	-	\$1.25	-
Powdered Drink Mix	Turbo	35 g	\$1.00	-	\$1.00	\$1.00
Powdered Drink Mix	Tang	1.06 oz	-	-	-	-
Powdered Drink Mix	Kool-Aid	0.14 oz	\$0.70	\$0.85	\$0.75	\$0.80
Powdered Drink Mix	Tang	510 g	-	-	-	-
Powdered Drink Mix	Kool-Aid	538 g	\$9.99	-	-	-
Powdered Drink Mix	Fresh Start	34 g	-	-	\$1.25	-
Powdered Drink Mix	Nesfruty	25 g	-	-	-	-
Mac & Cheese	Kraft	7.25 oz	\$3.10	\$3.50	\$2.95	\$3.00
Spaghetti	Princessa	400 g	-	\$2.50	-	\$2.40
Spaghetti	Riscossa	500 g	\$3.75	\$3.60	-	\$3.60
Spaghetti	Swiss	14.0 oz	-	-	-	\$3.15
Margarine - Glow Spread	Roberts	454 g	\$7.95	-	-	\$7.95
Margarine - Glow Spread	Roberts	4 lbs	-	-	-	\$31.80
Butter	Blue Band	220 g	\$4.25	\$4.25	\$4.25	\$4.25
Butter	Blue Band	445 g	\$7.25	\$7.25	\$7.65	\$7.25
Butter	Blue Band	2.25 kg	\$34.99	-	\$34.95	\$35.00
Shortening	Roberts	500 g	\$9.25	\$9.95	-	\$9.70
Shortening	Roberts	1.36 kg	-	-	-	-
Processed Cheese	Tastee	1.0 kg	\$43.50	-	-	-
Processed Cheese	Crest	1.0 kg	-	-	-	-
Sardines	Brunswick	106 g	\$2.95	\$3.25	\$2.95	\$2.95
Corned Beef	Libby's	12 oz	-	-	-	-
Corned Beef	Grace	12 oz	\$9.65	-	-	-
Corned Beef	Eve	12 oz	-	-	\$7.35	\$7.40
Corned Beef	Exeter	12 oz	\$7.25	\$7.25	\$7.25	\$7.25
Corned Beef	Hereford	12 oz	-	-	-	\$7.70
Vienna Sausage	Libby's	5 oz	\$1.99	\$2.05	\$1.95	\$2.00
Vienna Sausage	Grace	5 oz	-	-	\$2.50	-
Tomato Ketchup	Swiss	750 ml	-	-	-	-
Tomato Ketchup	Swiss (bag)	750 ml	\$3.95	-	\$3.95	-
Tomato Ketchup	National	750 ml	-	-	-	\$5.85
Tomato Ketchup	National (bag)	750 ml	-	-	\$3.95	\$3.80
Tomato Ketchup	Mabel	750 ml	-	-	-	\$6.00
Tomato Ketchup	Mabel (bag)	750 ml	\$4.50	\$4.50	\$3.95	\$4.50
Tomato Ketchup	Hunts	44.5	-	-	-	-
Tomato Ketchup	Hunts	35 oz	\$7.05	-	-	\$7.50
Tomato Ketchup	Hunts	24 oz	-	\$5.50	-	-
Tomato Ketchup	MP	750 ml	\$6.25	\$6.00	\$6.25	-
Tomato Ketchup	Grace (bag)	750 ml	\$4.25	-	\$3.95	\$4.20
Tomato Ketchup	Matouks	750 ml	-	-	-	\$6.95
Tomato Ketchup	Grace	632 g	-	-	-	-
Tomato Ketchup	Eve (bag)	750 ml	\$3.80	-	-	-
Commodities	Brand	Unit	Fraits & Sons	Penny's Supermarket	Sun Fresh Supermarket	Paris Supemarket
Lentils	Quintana	16 oz	\$4.75	\$4.50	\$4.50	\$4.50
Red Peas	Quintana	16 oz	\$5.25	\$6.15	\$4.90	\$4.95
Green Split Peas	Quintana	16 oz	-	-	\$3.75	\$4.25
Black Eye Peas	Quintana	16 oz	-	-	-	\$5.55
Yellow Split Peas	Quintana	16 oz	-	\$4.00	\$3.75	-
Pink Beans	Quintana	16 oz	\$4.75	\$5.60	\$4.45	\$4.50
Sliced Beets	Libby's	15 oz	\$3.75	-	-	-
Split Beets	Libby's	8.25 oz	-	-	-	-
Cream Style Corn	Libby's	241 g	-	-	-	-
Cream Style Corn	Libby's	418 g	-	-	-	-
Cut Green Beans	Libby's	8 oz	-	-	-	-

Whole Kernel Corn	Del Monte	8.75 oz	-	\$4.30	\$4.25	\$4.30
Peas & Carrot	Del Monte	8.5 oz	-	-	-	-
Mixed Vegetables	Del Monte	14.5 oz	-	\$4.60	\$5.50	\$5.50
Whole Kernel Corn	Del Monte	15.25 oz	\$4.50	\$4.90	\$4.25	\$4.95
Cream Style Corn	Del Monte	14.75 oz	\$4.10	-	-	\$4.45
Fresh Cut Sweet Corn	Del Monte	14.75 oz	-	-	-	-
Special Blend Peas & Carrots	Del Monte	14.5 oz	\$5.50	\$5.50	\$5.40	\$5.50
Pork & Beans	Campbells	11 oz	-	-	-	-
Sweet Corn	Grace	15.25 oz	-	-	\$4.95	-
Baked Bean	MP	16 oz	\$3.95	\$3.60	\$4.25	-
Baked Bean	Mabel	15.8 oz	-	\$3.75	\$3.95	\$3.90
Red Bean	Mabel	15.5 oz	-	-	-	-
Green Pigeon Peas	Goya	15 oz	\$5.75	-	\$4.95	\$4.30
Tropical	Sunquick	840 ml	-	-	-	-
Orange	Sunquick	330 ml	-	\$8.50	-	\$7.50
Orange	Sunny D	64 Fl oz	\$8.25	-	-	-
Cranberry	Ocean Spray	64 Fl oz	-	\$13.45	\$14.50	\$16.30
Apple Juice	Essential Everyday	64 Fl oz	-	-	-	-
Apple	Old Orchard	64 Fl oz	\$9.75	-	-	-
Apple Passion Mango	Old Orchard	64 Fl oz	-	\$8.95	-	-
Apple	Gerber	946 ml	-	-	-	-
Pear	Gerber	946 ml	-	-	-	-
Mixed Fruit Juice	Gerber	946 ml	-	-	-	-
Mixed Fruit Juice	Gerber	118 ml	-	-	-	-
Commodities	Brand	Unit	Fraits & Sons	Penny's Supermarket	Sun Fresh Supermarket	Paris Supemarket
Tuna	Starkist	5 oz	\$3.50	\$3.75	\$4.00	\$3.65
Tuna	Bumble Bee	5 oz	-	-	-	-
Tuna	Brunswick	5 oz	-	-	-	-
Wheat & Honey	Nestle	270g	\$8.40	\$8.40	\$8.50	\$8.40
Wheat & Honey	Nestle	730 g	\$16.80	-	\$16.95	\$16.95
Cerelac	Nestle	400 g	\$11.75	\$11.75	\$11.75	\$11.75
Cerelac	Nestle	1000 g	\$26.25	\$26.25	\$26.25	\$26.25
Rice	Nestle	270g	\$8.25	-	-	\$9.65
Nido 1 +	Nestle	360 g	\$15.99	\$16.00	\$16.00	\$17.60
Nido	Nestle	900 g	\$36.50	-	\$36.50	\$36.50
Nido	Nestle	1800 g	\$75.99	-	\$72.95	-
Nido	Nestle	2500 g	\$111.00	-	-	-
Lactogen	Nestle	400 g	-	-	-	-
Good Start (soy)	Nestle	366 g	\$30.00	-	\$30.00	-
Good Start (soy)	Nestle	728 g	-	-	-	-
Good Start (gentle)	Nestle	340 g	\$31.25	-	\$31.75	\$34.40
Good Start (gentle)	Nestle	657 g	-	-	\$53.75	\$55.50
5 Cereals	Nestle	730 g	-	-	-	-
Detergent	Breeze	900 g	\$9.95	\$9.85	\$10.25	\$9.85
Detergent	Roma	5 Kg	\$34.50	-	-	\$37.50
Adult Pampers	Depends	L/XL	\$45.39	-	\$49.95	-
Adult Pampers	Depends	S/M	\$45.35	-	\$49.95	-
Snug & Dry-Reg	Huggies	1 (44)	\$29.75	\$30.00	\$29.95	-
Snug & Dry-Reg	Huggies	2 (38)	\$29.75	\$30.00	\$29.95	-
Snug & Dry-Reg	Huggies	3 (32)	-	-	-	-
Snug & Dry-Reg	Huggies	3 (34)	\$29.75	-	\$29.95	\$29.70
Snug & Dry-Reg	Huggies	3 (36)	-	-	-	-
Snug & Dry-Reg	Huggies	4 (28)	-	-	-	-
Snug & Dry-Reg	Huggies	4 (29)	\$29.75	-	\$29.95	\$29.70
Snug & Dry-Reg	Huggies	4 (31)	-	-	-	-
Snug & Dry-Reg	Huggies	5 (24)	-	-	-	-
Snug & Dry-Reg	Huggies	5 (25)	\$29.75	-	\$29.95	\$29.70
Snug & Dry-Reg	Huggies	6 (21)	\$29.75	-	\$29.95	-

ST. KITTS

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