



Ministry of Industry, Commerce and Consumer Affairs

**A LOOK AT THE SUPERMARKET PRICES**

Collected in St. Kitts - 28 September 2016

**RURAL EAST**

Key      Highest Price  
     Lowest Price

Commodities	Brand	Unit	Fraites & Sons	Penny's Supermarket	Sun Fresh Supermarket	Paris Supermarket
Wings	No Name	per lb	\$3.95	\$6.00	\$4.50	\$3.25
Leg Quarters	No Name	per lb	\$2.25	-	\$2.75	\$2.95
Drumsticks	No Name	per lb	\$2.50	-	\$3.00	\$2.95
Backs	No Name	per lb	\$1.95	\$2.65	\$1.95	\$1.75
Thighs	No Name	per lb	\$3.50	-	-	\$2.30
Neck	No Name	per lb	\$2.00	\$3.00	\$2.25	\$1.90
Salt Fish	No Name	per lb	\$12.00	-	\$13.65	\$19.95
Mackerel (Bucket)	No Name	per lb	\$11.75	-	-	-
Herring	No Name	per lb	-	-	-	-
Mutton	No Name	per lb	\$9.75	-	\$11.00	\$9.75
King Fish	No Name	per lb	\$15.75	-	\$16.95	\$16.60
Marlin	No Name	per lb	-	\$11.05	\$13.75	\$15.20
Salmon	No Name	per lb	-	-	-	-
Turkey Necks	No Name	per lb	-	-	\$3.75	\$3.75
Turkey Drumsticks	No Name	per lb	-	-	-	-
Turkey Wings	No Name	per lb	\$3.95	\$3.75	\$4.50	\$2.50
Lamb	No Name	per lb	-	-	-	-
Oxtail	No Name	per lb	-	-	-	-
Ham	No Name	per lb	\$5.85	-	-	-
Pig Snout	No Name	per lb	\$6.75	\$8.60	\$6.50	\$8.15
Pig Tail	No Name	per lb	\$8.25	-	\$8.75	\$8.25
Pig Feet	No Name	per lb	\$3.95	\$3.00	\$4.50	\$4.00
Cooking Oil	Roberts	500 ml	-	\$6.25	\$5.95	\$6.30
Extra Virgin Oil	Badia	500 ml	-	-	-	-
Vegetable Oil	Wesson	710 ml	-	-	-	-
Corn Flakes	Kelloggs	340 g	-	-	-	-
Corn Flakes	Kelloggs	510 g	-	-	-	-
Corn Flakes	Kelloggs	680 g	-	-	-	\$19.70
Frosted Fruit Rings	Essential Everyday	12.2 oz	-	\$10.25	-	-
Toasted Oats	Essential Everyday	14 oz	-	-	-	-
Frosted Flakes	Essential Everyday	15 oz	-	\$10.30	-	-
Raisin Bran	Essential Everyday	20 oz	-	-	-	-
Corn Flakes	Essential Everyday	18 oz	-	\$9.50	-	-
Corn Flakes	Promos	18 oz	-	-	-	-
Corn Flakes	Ralston Foods	12 oz	-	\$7.00	\$6.25	\$5.95
Cheese	Cheddar	per lb	\$12.50	\$16.35	\$12.50	\$10.95

Medicated Soap	Dettol	110 g	-	-	<b>\$5.15</b>	-
Mayonnaise	Kraft	443 ml	-	<b>\$8.95</b>	<b>\$9.25</b>	-
Mayonnaise	Hellmans	443 ml	<b>\$10.99</b>	-	<b>\$10.95</b>	-
Flour	No Name	per lb	<b>\$1.50</b>	<b>\$1.50</b>	<b>\$1.47</b>	<b>\$1.50</b>
Corn Meal	No Name	per lb	<b>\$1.75</b>	\$1.80	<b>\$1.75</b>	<b>\$1.85</b>
Brown Sugar	No Name	per lb	\$1.30	<b>\$1.35</b>	<b>\$1.35</b>	<b>\$1.25</b>
Rice	No Name	per lb	<b>\$1.50</b>	\$1.85	<b>\$1.97</b>	\$1.65

Commodities	Brand	Unit	Fraits & Sons	Penny's Supermarket	Sun Fresh Supermarket	Paris Supermarket
Milk	Carnation	lg tin	\$3.00	\$3.25	\$3.00	\$3.10
Milk	Distinction	lg tin	\$2.85	-	\$2.85	\$2.85
Milk	Bonle	lg tin	-	-	\$2.75	\$2.75
Milk	Bonle	small	\$1.30	\$1.30	\$1.35	\$1.30
Milk	Eve	lg tin	\$2.85	-	\$2.75	\$2.90
Milk	Eve	small	\$1.35	-	\$1.50	\$1.30
Powdered Drink Mix	Mak-C	1.58 oz	-	-	-	-
Powdered Drink Mix	Turbo	35 g	\$1.00	\$1.00	-	\$1.00
Powdered Drink Mix	Tang	1.06 oz	-	-	-	-
Powdered Drink Mix	Kool-Aid	0.14 oz	\$0.70	\$0.85	\$0.75	\$0.80
Powdered Drink Mix	Tang	510 g	-	-	-	-
Powdered Drink Mix	Kool-Aid	538 g	\$9.99	-	-	-
Powdered Drink Mix	Fresh Start	34 g	-	\$1.25	\$1.25	-
Powdered Drink Mix	Nesfruty	25 g	-	-	-	-
Mac & Cheese	Kraft	7.25 oz	\$3.10	\$3.50	\$2.95	\$3.08
Spaghetti	Princessa	400 g	\$2.50	\$2.50	\$2.50	\$2.40
Spaghetti	Riscossa	500 g	\$3.75	\$3.60	\$3.75	-
Spaghetti	Swiss	14.0 oz	-	-	-	-
Margarine - Glow Spread	Roberts	454 g	\$7.95	\$7.85	\$7.75	\$7.95
Margarine - Glow Spread	Roberts	4 lbs	-	-	-	\$31.80
Butter	Blue Band	220 g	\$4.25	\$4.25	\$4.45	\$4.25
Butter	Blue Band	445 g	\$7.25	\$7.25	\$7.65	\$7.25
Butter	Blue Band	2.25 kg	\$34.99	-	\$34.95	\$35.00
Shortening	Roberts	500 g	\$9.25	\$9.70	\$9.95	\$9.70
Shortening	Roberts	1.36 kg	-	-	-	-
Processed Cheese	Tastee	1.0 kg	\$43.50	-	-	-
Processed Cheese	Crest	1.0 kg	-	-	-	-
Sardines	Brunswick	106 g	\$2.95	\$3.25	\$2.95	\$2.95
Corned Beef	Libby's	12 oz	-	-	-	-
Corned Beef	Libby's	198 g	-	-	-	-
Corned Beef	Grace	12 oz	\$9.65	-	-	-
Corned Beef	Grace	198 g	\$6.65	-	-	-
Corned Beef	Eve	12 oz	-	-	\$7.35	\$7.40
Corned Beef	Eve	198 g	-	-	\$4.95	\$5.55
Corned Beef	Exeter	12 oz	\$7.25	\$7.25	\$7.25	\$7.25
Corned Beef	Exeter	198 g	\$5.25	\$5.25	\$5.25	\$5.80
Corned Beef	Hereford	12 oz	-	-	-	\$7.70
Corned Beef	Hereford	198 g	-	-	-	\$5.35
Vienna Sausage	Libby's	5 oz	\$1.99	\$2.05	\$1.95	\$2.00
Vienna Sausage	Grace	5 oz	-	-	\$2.50	-
Tomato Ketchup	Swiss	750 ml	-	-	-	-
Tomato Ketchup	Swiss (bag)	750 ml	\$3.95	\$4.50	\$3.95	-
Tomato Ketchup	National	750 ml	-	\$6.85	-	\$5.85
Tomato Ketchup	National (bag)	750 ml	-	-	\$3.95	\$3.80
Tomato Ketchup	Mabel	750 ml	\$6.25	-	\$6.25	\$6.00
Tomato Ketchup	Mabel (bag)	750 ml	\$4.50	-	\$3.95	\$4.50

Tomato Ketchup	Hunts	44.5	-	-	-	-
Tomato Ketchup	Hunts	35 oz	<b>\$7.05</b>	-	-	<b>\$7.50</b>
Tomato Ketchup	Hunts	24 oz	-	<b>\$5.50</b>	<b>\$6.25</b>	-
Tomato Ketchup	MP	750 ml	-	<b>\$6.00</b>	-	-
Tomato Ketchup	Grace (bag)	750 ml	<b>\$4.25</b>	-	<b>\$4.25</b>	-
Tomato Ketchup	Matouks	750 ml	-	-	-	\$6.95
Tomato Ketchup	Grace	632 g	-	-	<b>\$6.60</b>	-
Tomato Ketchup	Eve (bag)	750 ml	<b>\$3.80</b>	-	-	-

Commodities	Brand	Unit	Fraits & Sons	Penny's Supermarket	Sun Fresh Supermarket	Paris Supermarket
Lentils	Quintana	16 oz	\$4.75	\$4.50	\$4.50	\$4.50
Red Peas	Quintana	16 oz	\$5.25	\$4.95	\$4.95	\$5.25
Green Split Peas	Quintana	16 oz	-	-	\$3.75	\$4.25
Black Eye Peas	Quintana	16 oz	-	-	-	-
Yellow Split Peas	Quintana	16 oz	-	\$4.00	\$3.75	-
Pink Beans	Quintana	16 oz	\$4.75	\$5.60	\$4.50	\$4.95
Sliced Beets	Libby's	15 oz	\$3.75	\$3.75	-	\$3.75
Split Beets	Libby's	8.25 oz	\$3.25	-	-	-
Cream Style Corn	Libby's	241 g	-	\$4.30	\$4.25	-
Cream Style Corn	Libby's	418 g	\$3.75	-	-	-
Cut Green Beans	Libby's	8 oz	-	\$3.95	-	-
Whole Kernel Corn	Del Monte	8.75 oz	-	\$4.30	\$4.25	\$4.45
Peas & Carrot	Del Monte	8.5 oz	-	\$4.30	\$4.30	\$4.30
Mixed Vegetables	Del Monte	14.5 oz	-	\$5.50	\$5.40	\$5.50
Whole Kernel Corn	Del Monte	15.25 oz	\$4.50	\$4.95	\$4.95	\$4.95
Cream Style Corn	Del Monte	14.75 oz	\$4.10	-	\$4.95	-
Fresh Cut Sweet Corn	Del Monte	14.75 oz	-	\$4.95	\$4.95	\$4.45
Special Blend Peas & Carrots	Del Monte	14.5 oz	\$5.50	\$5.50	\$5.40	\$5.50
Pork & Beans	Campbells	11 oz	-	-	-	-
Sweet Corn	Grace	15.25 oz	-	-	-	-
Baked Bean	MP	16 oz	\$3.95	\$3.60	\$4.25	-
Baked Bean	Mabel	15.8 oz	\$3.90	\$3.75	\$3.95	\$3.80
Red Bean	Mabel	15.5 oz	-	\$3.60	-	-
Green Pigeon Peas	Goya	15 oz	\$6.25	-	-	\$6.25
Tropical	Sunquick	840 ml	\$16.99	\$17.00	\$17.95	\$17.95
Orange	Sunquick	330 ml	\$7.50	\$8.50	\$7.95	\$7.50
Orange	Sunny D	64 Fl oz	\$8.25	-	\$8.25	-
Cranberry	Ocean Spray	64 Fl oz	\$13.50	\$13.45	\$14.50	\$13.40
Apple Juice	Essential Everyday	64 Fl oz	-	-	-	-
Apple	Old Orchard	64 Fl oz	\$9.75	-	-	-
Apple Passion Mango	Old Orchard	64 Fl oz	-	-	-	-
Apple	Gerber	946 ml	-	\$2.50	-	-
Pear	Gerber	946 ml	-	\$2.50	-	-
Mixed Fruit Juice	Gerber	946 ml	-	-	-	-
Mixed Fruit Juice	Gerber	118 ml	-	-	-	-

Commodities	Brand	Unit	Fraits & Sons	Penny's Supermarket	Sun Fresh Supermarket	Paris Supermarket
Tuna	Starkist	5 oz	\$3.50	\$3.75	\$4.00	\$3.65
Tuna	Bumble Bee	5 oz	-	-	-	-
Tuna	Brunswick	5 oz	\$2.50	-	-	-
Wheat & Honey	Nestle	270g	\$8.40	\$8.95	\$8.50	\$8.95
Wheat & Honey	Nestle	730 g	\$16.80	-	\$16.95	\$16.95
Cerelac	Nestle	400 g	\$11.75	-	\$11.75	\$11.75
Cerelac	Nestle	1000 g	\$26.25	-	\$26.25	\$26.25
Rice	Nestle	270g	-	-	-	\$9.10
Nido 1 +	Nestle	360 g	\$15.95	\$16.00	\$16.00	\$11.60
Nido	Nestle	900 g	\$36.50	-	\$36.50	\$36.50
Nido	Nestle	1800 g	\$75.99	-	\$72.95	-
Nido	Nestle	2500 g	\$111.00	-	-	-
Lactogen	Nestle	400 g	-	-	-	-
Good Start (soy)	Nestle	366 g	\$30.00	-	\$30.00	-
Good Start (soy)	Nestle	728 g	-	-	-	-
Good Start (gentle)	Nestle	340 g	\$31.25	-	\$31.75	\$34.40
Good Start (gentle)	Nestle	657 g	-	-	\$53.75	\$55.50
5 Cereals	Nestle	730 g	-	-	-	-
Detergent	Breeze	900 g	\$9.95	\$9.85	\$10.25	\$9.85
Detergent	Roma	5 Kg	\$34.50	-	-	\$36.50
Adult Pampers	Depends	L/XL	\$45.39	-	\$49.95	-
Adult Pampers	Depends	S/M	\$45.35	-	\$49.95	-
Snug & Dry-Reg	Huggies	1 (44)	\$29.75	\$30.00	\$29.95	-
Snug & Dry-Reg	Huggies	2 (38)	\$29.75	\$30.00	\$29.95	-
Snug & Dry-Reg	Huggies	3 (32)	-	-	-	-
Snug & Dry-Reg	Huggies	3 (34)	\$29.75	-	\$29.95	\$30.95
Snug & Dry-Reg	Huggies	3 (36)	-	-	-	-
Snug & Dry-Reg	Huggies	4 (28)	-	-	-	-
Snug & Dry-Reg	Huggies	4 (29)	\$29.75	-	\$29.95	-
Snug & Dry-Reg	Huggies	4 (31)	-	-	-	-
Snug & Dry-Reg	Huggies	5 (24)	-	-	-	-
Snug & Dry-Reg	Huggies	5 (25)	\$29.75	-	\$29.95	\$30.95
Snug & Dry-Reg	Huggies	6 (21)	\$29.75	-	\$29.95	\$30.95

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*As part of its outreach programme, the Consumer Affairs Division (CAD) publishes supermarket prices for the period of 14 September 2016 collected in St. Kitts as shown in the table. The information is published under our consumer awareness programme and does not constitute an attempt to advertise for any business establishment.*

**Consumers are encouraged to call 467-1673/1546/1617 with comments.**

**THESE PRICES DO NOT REFLECT "WEEKEND SPECIALS"**